

House Curries

Korma

A delicately flavoured sauce based on coconut, ground almonds and cream.

Locknow

Almond and coconut based with light spices and mushrooms.

Malaya

Coconut and almond based sauce lightly flavoured with spices and pineapple to make a rich fruity sauce.

Kashmir

Lychees cooked with coconut, almond and spices to give a delicate fragrant sauce.

Bhuna

Medium spiced sauce of reduced garlic, onion and tomatoes.

Palak

Rich sauce of onion, garlic, tomatoes and spinach. Medium.

Methi

Fresh fenugreek leaf (methi), onion, garlic and tomatoes. Medium spices.

Sylheti Curry

Plain curry with potatoes and fresh coriander

Dopiazza

A rich medium spicy onion sauce hence the name do-piazza do = two and piaz = onion

Roughan Josh

Spicy rich tomato sauce garnished with coriander.

Phindi

Rich hot spicy sauce with garlic topped with chopped boiled egg.

Pathia

Hot sweet - sour reduced sauce of black pepper, lemon, sugar and fenugreek.

Dhansak

Rich hot lentil based sauce with black pepper, lemon, sugar and fenugreek.

Ceylon

Hot spicy sauce with coconut and fenugreek.

Madras

Hot.

Vindaloo

Very Hot.

Phal

Very Very Hot.

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|----------------------------|--------|
| Chicken | £7.15 |
| Lamb..... | £7.25 |
| Chicken or Lamb Tikka..... | £8.95 |
| Duck Tikka | £10.95 |
| Prawn..... | £9.80 |
| King Prawn | £11.50 |

Biryani

Biryani is a popular dish eaten all over the Middle East. Its origins are legendary shrouded in the mists of time. Some say its origins are Persia (Iran) and was imported to the Indian sub continent by the Moguls. Alternately it was imported from Arabia via Calcutta. According to another legend, Mumtaz Mahal (the beauty who sleeps in Taj Mahal) concocted this dish as a complete meal to feed the army.

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|-----------------------|--------|
| Chicken or Lamb | £9.95 |
| Prawn..... | £11.50 |
| King Prawn | £13.75 |
| Tandoori Chicken | £11.95 |
| (Off the bone) | |
| Chicken Tikka..... | £11.50 |
| Mushroom | £8.50 |
| Vegetable | £8.50 |
| House Special..... | £12.95 |

Masala Vegetable Selection

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|---|-------|
| Jafflongi Sabzi..... | £6.55 |
| Mixed vegetables cooked with mushroom, onions and spices. | |
| Shodori Sabzi..... | £6.55 |
| Aubergine cooked with spinach herbs and spices. | |
| Kashian Sabzi..... | £6.55 |
| Vegetables cooked with peppers, herbs and spices. | |
| Jalali Sabzi | £6.55 |
| Spicy cauliflower potatoes and peas. | |
| Zokigongi Sabzi | £6.55 |
| Spicy mixed vegetables with lentils. | |
| Jointhapuri Sabzi | £6.55 |
| Vegetables cooked with peppers and chilli. | |

Side Dishes

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| Vegetable Curry or Bhaji..... | £3.55 |
| Mushroom Bhaji | £3.40 |
| Saag Channa | £3.40 |
| Spinach and Chickpeas. | |
| Saag Paneer | £3.75 |
| Spinach and Indian Cheese | |
| Matar Paneer | £3.45 |
| Peas and Cheese. | |
| Onion Bhaji..... | £3.75 |
| Cauliflower Bhaji..... | £3.40 |
| Tarka Dhal..... | £3.50 |
| Fried Mushrooms | £3.50 |
| Brinjal Bhaji | £3.50 |
| Bhindi Bhaji | £3.50 |
| Lady Fingers. | |
| Saag Bhaji..... | £3.45 |
| Saag Aloo | £3.75 |
| Spinach and potatoes. | |
| Aloo Gobi | £3.60 |
| Potatoes and Cauliflower. | |
| Bombay Potatoes | £3.55 |
| Aloo Matar | £3.50 |
| Chana Masala | £3.50 |
| Side Salad | £3.50 |

Rice

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|---------------------------|-------|
| Jeera Rice | £3.85 |
| Onion Fried Rice | £3.85 |
| Lemon Fried Rice..... | £3.85 |
| Coconut Rice..... | £3.85 |
| Vegetable Rice..... | £3.85 |
| Keema Rice | £3.85 |
| with minced Lamb. | |
| Mushroom Fried Rice... .. | £3.85 |
| Garlic Fried Rice..... | £3.75 |
| Special Fried Rice | £3.95 |
| Egg Fried Rice | £3.85 |
| Pilau Rice..... | £3.35 |
| Plain Boiled Rice | £2.95 |
| Chicken Tikka Rice | £3.95 |

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Naan & other Breads

Fresh and made to order

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|---------------------------------|-------|
| Plain Naan..... | £2.95 |
| Keema Naan | £3.50 |
| Stuffed with minced Lamb. | |
| Garlic Naan..... | £3.50 |
| Peshawari Naan..... | £3.55 |
| Cheese Naan..... | £3.95 |
| English Style mild cheese. | |
| Garlic and Cheese..... | £4.10 |
| Chilli | £3.80 |
| Mushroom | £3.75 |
| Tandoori Roti | £1.95 |
| Tikka..... | £4.00 |
| Stuffed with Chicken tikka | |
| Sabzi..... | £3.50 |
| Stuffed with spinach and potato | |
| Sag Aloo Naan | £3.80 |
| Stuffed with spinach and potato | |
| Pratha..... | £2.10 |
| Ghee enriched flat bread. | |
| Egg Pratha | £3.95 |
| Topped with an omelette. | |
| Stuffed Pratha | £3.95 |
| Chapatti..... | £2.10 |
| Traditional dry flat bread. | |
| Puri | £1.60 |
| Chapatti fried in oil | |

English Tariff

| | |
|--|-------|
| Fried Chicken and Chips | £6.95 |
| Portion of Chips | £1.95 |
| Omelette and Chips | £7.95 |
| Papadoms & Pickles | |
| Papadom..... | £0.60 |
| Masala Papadom spicy..... | £0.70 |
| Assorted Pickles | £0.60 |
| Raitha..... | £1.30 |
| Onion or Cucumber Yoghurt Relish | £1.75 |

TAKEAWAY MENU

MASALA

Indian Cuisine

Fully Licensed & Air Conditioned

01929 427299

01929 421208

Open 7 Days a Week

12noon -2pm

5.30pm - 11.30pm

Including Bank Holidays

9 High Street,
Swanage,
Dorset.



We are now offering a Free Home Delivery Service for orders over £10.00 and a 10% discount on orders collected



Starters

- Chicken Tikka Puri** £4.50
- Vegetable Puri** £3.95
- Duck Puri** £4.80
- Prawn Puri** £4.80
- King Prawn Puri** £5.60
Traditional snack dish of meat or prawn cooked in a spicy sauce and served smothered over rich Indian puri bread.
- Chicken/Lamb Tikka** £3.95
- Duck Tikka** £4.75
- Tandoori Chicken** £4.25
Tender portions of meat marinated in the chef's own blend of yoghurt & spices and cooked in a clay tandoor oven. Served with yoghurt mint sauce and salad.
- Mixed Kebab** £4.95
Chicken & Lamb Tikka and Swish Kebab served with yoghurt mint sauce and salad.
- Shami Kebab** £4.50
Spicy minced meat surrounding an egg filling served with yoghurt mint sauce and salad.
- Shish Kebab** £4.95
Spicy minced lamb served with yoghurt mint sauce and salad.
- Nargris Kebab** £5.30
Bangladeshi 'Scotch Egg'

- minced lamb coating a boiled egg served with yoghurt mint sauce and salad.
- Chicken Chatt** £4.50
Light spicy chicken 'snack' served with salad.
- Butterfly King Prawn** ... £5.50
Crispy fried king prawn marinated in light spices served with salad.
- Chicken Pakora** £3.95
Spicy crispy chicken served with yoghurt mint sauce and salad.
- Stuffed Pepper** £3.95
Meat or Vegetable. Stuffed with vegetables and minced meat cooked in the tandoor and served with salad.
- Onion Bhaji** £3.85
Served with yoghurt mint sauce and salad.
- Dhal Soup** £3.25
Yellow lentil soup.
- Samosa** £3.95
Meat or Vegetable. Served with yoghurt mint sauce and salad.
- Prawn Cocktail** £3.85



Tandoori Special

All over the Indian sub continent a popular method of baking, roasting and grilling is called tandoori, named after the tandoor (clay oven), which cooks all three ways simultaneously. Tandoor ovens were initially used for baking bread (naan). The dough was stretched, shaped and smacked onto the sides of the oven and backed in about five minutes - as it still is in the restaurant kitchen. This style of cooking is also used for meats with whole chickens and large chunks of lamb lowered into the tandoor on specially designed skewers. It is still one of the most popular cooking methods in the Indian sub continent.

- All tandoori dishes served with salad and mint sauce.
- Tandoori Chicken 1/2** ... £8.50
Chicken on the bone.
- Chicken or Lamb Tikka** . £7.75
Off the bone.
- Duck Tikka** £9.95
- Tandoori King Prawn** .. £12.95
- 'Mixed Grill'** £11.50
- Chicken or Lamb Shashlik** £11.95
- Duck Tikka Shashlik** ... £12.95
- King Prawn Shashlik** .. £14.95
Shashlik dishes are meat portions cooked with onion, green pepper & tomatoes served sizzling on a hot 'tauer'.

Masala Dishes

Chicken Tikka Masala was invented by a Bengali chef in Glasgow, in response to one of the customers insisting on gravy for his Tandoori Chicken. So the story goes, the chef emptied a tin of tomato Soup (some say tomato sauce) into his pan, added some spices and other ingredients and served up the result to the customer who was delighted. The chef has now returned in triumph to Bangladesh and Tikka Masala has now been imported to Delhi where it is the dish of the moment. "Chicken Tikka Masala is now a true British national dish, not only because it is the most popular, but because it is a perfect illustration of the way Britain absorbs and adapts external influences. Chicken Tikka is an Indian dish. The Masala sauce was added to satisfy the desire of British people to have their meat served with gravy." Extract from a speech by British Foreign Secretary, Robin Cook. We trust you will enjoy Chicken Tikka Masala in Swanage.

- Paneer Tikka Masala** .. £12.95
- Chicken or Lamb Tikka Masala** £8.95
Tandoori cooked meat in a mild creamy sauce.
- Tandoori Chicken Masala** £9.95
Boneless tandoori chicken in a mild sauce.
- Duck Tikka Masala** £11.95
- Tandoori King Prawn Masala** £14.50
- Vegetable Masala** £7.50

Delight Dishes

A unique sauce created by the restaurant owner using Cointreau and fresh cream. Very mild.

- Chicken or Lamb Tikka** . £9.80
- Prawn** £9.95
- King Prawn** £12.95
- Duck** £10.95
- Vegetable** £7.95

Jalfrezi

Jalfrezi means 'hot fry' and became the reference to a dish of re-fried cooked meat and potatoes made by Indian cooks for their British employers in Colonial India. However this bares little resemblance to modern version of the Anglo-Indian dish; The restaurant chef uses the Jalfrezi method to stir-fry green peppers, onions, green chillies as the basis for a curry with just a little sauce. The chillies and the peppers make

the Jalfrezi taste very fresh but also make it one of the hotter curries on the menu.

- Chicken or Lamb Tikka** . £9.95
- Prawn** £10.95
- Duck** £11.95
- King Prawn** £13.95
- Lamb Kofta** £10.85
- Vegetable** £7.50

Pasanda Dishes

This mild curry is very rich as it is based on a sauce of cream, coconut milk and almonds, with added white wine. Its delicate flavour is ideal for anyone trying curry for the first time.

- Chicken or Lamb Tikka** . £9.80
- Prawn** £9.95
- King Prawn** £12.95
- Duck** £10.95
- Vegetable** £7.95

Korai

A korai is like a wok with two handles but a slightly flattened bottom. However Korai has become the term used for a dish of spiced diced chicken or lamb cooked with onion and tomato and served sizzling from the pan.

- Chicken or Lamb Tikka** . £9.70
- Prawn** £9.95
- Duck Tikka** £10.95
- King Prawn** £13.50
- Lamb Kofta** £10.75
- Vegetable** £7.95

Balti Dishes

Balti dishes are said to originate from Baltistan in Pakistan - not an area of Birmingham. Some say it was invented in Birmingham. Some say it was invented in Birmingham; however the Balti is also said to have originated as a form of motorway service station food, cooked in buckets, or balti along side the famous Grand Trunk Road. Hajri is the Swanage version.

- House Special** £11.95
- Chicken or Lamb** £8.95
- Prawn Dansak** £9.95
- Chicken or Lamb Tikka Palak** £10.50
- Duck Tikka Dopiaza** ... £10.75
- King Prawn** £13.95
- Tikka Garlic** £10.95
- Tikka Masala** £9.95
- Tikka Chilli** £8.95
- Tikka Sobzi** £8.95

Masala Indian Cuisine Chef Specials

- Shahi Chicken or Lamb** £10.50
Mild sauce with almonds and coconut, garnished with an omelette.
- Tandoori Butter Chicken** £10.50
Tandoori grilled chicken cooked in a mild sauce with butter and fresh cream, garnished with butter.
- Peshwari Chicken** ... £10.50
Chicken cooked in a mild coconut, tomato and sweet pepper yoghurt sauce.
- Chicken or Lamb Begoni** £12.95
A North Bengali style curry, cooked with fresh aubergine and piquant spices.
- Chingri Special** £14.95
Bangladeshi Goldi Chingri (King Prawn) delicately cooked in chef's special blended spices.
- Chicken Sali** £11.95
Medium delicately spiced topped with crispy fried potatoes.
- Chicken Darjeeling** .. £11.95
Sauce of cucumber, onion, red pepper and coriander. Medium.
- Jaipur Chicken** £12.95
Chicken cooked with mushrooms, onion, red pepper and green chilli.
- Jeera Special** £13.95
Chicken or Lamb Tikka cooked in a medium spiced sauce with freshly toasted cumin seeds.
- Natasha Curry** £11.75
Chicken or Lamb Tikka cooked with spices and cheese.
- Garlic Chilli Chicken** £12.95
Cooked with fresh green chillies and garlic. Spicy
- Tikka Garlic Chicken** £12.95
Piquant spices with garlic
- Morabha, Chicken or Lamb** £10.75
Traditional Bengali style chicken with mango and banana in a mild sauce.
- Morghi Khazana Chicken** £12.95
Cooked with minced Lamb, peas and spices. Fairly Hot.
- Channa Gosht** £12.95
Chicken or Lamb Tikka cooked with chickpeas and Tikka.
- Chicken Fulcobi** ... £12.95
Chicken filet first grilled in Tandoori then cooked with Gobi medium herbs, spices and thick sauce.
- Mixed Nawabi Special** £15.95
Cooked with Chicken tikka, King Prawn, Lamb tikka, Shish kebab, Tandoori chicken (chicken on the bone) and spices. Fairly Hot



Thali Traditional South Indian style of eating

- Vegetable Thali** £17.95
Onion bhaji, vegetable curry, terka dhal, saag aloo, pilau rice and naan
- Meat Thali** £18.95
One piece of tandoori chicken, one piece of shish kebab, lamb bhuna, vegetable curry, pilau rice & naan bread.